

From September 2020 the Government will rename Sex and Relationships Education- Relationships and Sex Education. RSE is used in this policy as an abbreviation of the new name from September 2020.

Rationale and Ethos

This policy aims to cover our schools approach to Relationships and Sex Education. It was produced through consultation with staff, students, parents and governors.

At Dyson Perrins we believe that high quality Relationships and Sex Education will stay with our pupils for life. RSE is **not** about encouraging teenagers to become sexually active, nor is it about promoting any particular lifestyle or relationship choice. RSE is about providing pupils with the knowledge, skills and confidence to make safe, informed and healthy life choices, particularly where relationships are concerned. We want our students to make informed decisions as young people, and in the future as adults. As part of our desire to give student's access to a broad and balanced curriculum that is relevant to the world that they live in we are committed to delivering high quality RSE. We believe in empowering our pupils to understand their bodies, to reflect on their relationship values and to be able to openly discuss relationships and sex.

By adopting this approach we hope that this will reduce the risk of unhealthy and abusive relationships. We are committed to delivering high quality RSE education and believe that it plays an important part of our student's holistic education. We aim to build on the foundations that primary schools have taught to the students. The theme of consent underpins all of our RSE workshops and modules. We introduce pupils to the importance of consent from Year 7 and this is revisited on a yearly basis and adapted to the age of each year group.

We view the partnership of home and school as vital in providing the context of sex and relationship education with our young people. We ensure RSE is inclusive and meets the needs of all our pupils including those with special educational needs and disabilities (SEND) by ensuring that lessons are fully differentiated and that material is delivered in an age appropriate and accessible manner.

We ensure that RSE fosters gender equality and LGBT+ equality by ensuring that students are taught about healthy relationships and consent in all types of relationship.

At Dyson Perrins our Relationships and Sex Education Programme seeks to:

- Present information in an objective, balanced and sensitive manner
- Be age appropriate and differentiated to meet the needs of all students in our school community
- Encourage the development of social skills in order to minimise the risk of exploitation, abuse and misunderstanding.
- Be full inclusive of all genders, sexual orientations and types of families (to include LGBT+)

- Teach a clear understanding of the importance of consent including how to give it, withdraw it and ask and recognise consent.
- Reinforce the idea of mutual respect as part of a loving relationship
- Explore the ideas and skills needed to be effective parents and to assess one's readiness to become a parent
- To explore the different methods for starting a family.
- To ensure that BAME, LGBT and people with disabilities are positively represented in the curriculum we deliver.
- To ensure students are aware of the qualities of healthy and unhealthy relationships and understand the benefits of delaying sexual activity.
- Prepare students for puberty through to adulthood
- Provide a safe environment for learning about sexual orientation and gender identity whilst reinforcing the importance of mutual respect and tackling LGBT misconceptions, homophobia, transphobia, bi-phobia and gender stereotypes.
- Ensure that pupils have a clear understanding of sexual and reproductive biology, including knowledge of HIV and other sexually transmitted diseases
- Ensure pupils understand the different risks associated with various types of sexual activity and understand how to engage in safe sexual activity by exploring a range of contraception
- Place paramount importance on online safety and the risks of using social media and the internet for sexual purposes
- Develop pupils' understanding of the dangerous of pornographic material
- Reflect our Church school status

Legislation (statutory regulations and guidance)

Under the Education Act (1993) and the Education Reform Act (1998) all schools are required to maintain a statement of Policy regarding RSE and make it available to parents on request. This policy complies with DfE Guidance on Sex & Relationships Education (0116/2000) and the supplementary guidance Sex & Relationships Education for the 21st Century 2014.

From September 2020 the guidance document '***Relationships Education, Relationships and Sex Education (RSE) and Health Education: statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers'*** will become statutory. This document clearly sets out the curriculum content that secondary schools must deliver on RSE and Health Education. This document contains information on what schools should do and sets out the legal duties with which schools must comply when teaching Relationships Education, Relationships and Sex Education (RSE) and Health Education. Unless otherwise specified, 'school' means all schools, whether maintained, non-maintained or independent schools, including academies and free schools, non-maintained special schools, maintained special schools and alternative provision, including pupil referral units.

https://assets.publishing.service.gov.uk/government/uploads/system/uploads/attachment_data/file/781150/Draft_guidance_Relationships_Education_Relationships_and_Sex_Education_RSE_and_Health_Education2.pdf

Documents that inform the schools RSE policy include:

- Education Act (1996)

- Learning and skills act (2000)
- Education and Inspections act (2006)
- Equality Act (2010)
- Supplementary Guidance for SRE for the 21st Century (2014)
- Keeping children safe in education-Statutory safeguarding guidance (2016)
- Children and social work act (2017)

Curriculum Design

Our RSE curriculum is published on our school website and detailed content of the Relationships & Sex curriculum will be made available to parents on request. Our curriculum content will cover the required themes as set out in *Relationships Education, Relationships and Sex Education (RSE) and Health Education: statutory guidance for governing bodies, proprietors, head teachers, principals, senior leadership teams, teachers*. The learning cycles for each year group can be found on our school website.

- Family
- Respectful relationships
- Online and media
- Being safe
- Intimate and sexual relationships, including sexual health

Our RSE programme is an integral part of our whole school PSHE education provision. We will ensure that the RSE delivered will fit the needs of our pupils by delivering content in collaboration with key stake holders. High quality resources recommended as good practice by the PSHE Association will be used to support our RSE provision and will be regularly reviewed by the department. RSE will be delivered as part of our Learning Cycles in PSHE lessons. Each year group receive one dedicated PSHE lesson per fortnight.

Selected resources, such as books and film clips, will be used which support and promote understanding within a moral/values context and will underpin our school values of challenge, trust, resilience and belief. Learning about relationships and sex education in PSHE education lessons will link to and complement learning in Science and also subject areas such as Child development. Pupils will be encouraged to reflect on their own learning and progress by completing written and oral tasks as well as full class discussions. Assessment in RSE will be led by the teacher delivering the subject and will include, but not exclusive to, questioning, low stake quizzes, longer written responses.

Safe and Effective Practice including safeguarding.

We will ensure a safe learning environment for all students by establishing clear ground rules in PSHE lessons. Our staff are aware that effective relationship and sex education may lead to the disclosure of a child protection issue and if this does occur, will respond to the situation by following the schools child protection policy and handle such matters as confidentially as possible. Teachers will consult the designated safeguarding lead and in his absence the deputy to ensure that all safeguarding concerns are dealt with in the appropriate manner.

Pupil's questions will be answered by their teacher and sensitive issues will be dealt with dignity and respect. All students will be given information as to where to go if they would like to ask questions about SRE in a safe and organised manner.

Engaging Stakeholders

Parents will be informed about the policy through a parent consultation. The policy will also be available on our school website. We are committed to working with parents and carers and will work closely with parents to ensure that they are fully aware of what is being taught and provide additional support and resources through our Pastoral Support programme. As part of our whole school approach to RSE, parents will be informed about the content of RSE through written communications.

Parents will not be able to withdraw their child from any aspect of Relationships Education or Health Education.

Parents will be able to withdraw their child (following discussion with the school) from any or all aspects of Sex Education, other than those which are part of the science curriculum, up to and until three terms before the age of 16.

After that point, the guidance states that 'if the child wishes to receive sex education rather than be withdrawn, the school should make arrangements to provide the child with sex education during one of those terms.'

Where pupils are withdrawn from sex education, schools should document the process and will have to *'ensure that the pupil receives appropriate, purposeful education during the period of withdrawal.'*

We have adopted the Sex Education Forums definitions of Sex and Relationship Education and used these to inform the table below:

At Dyson Perrins we define Sex Education as learning about the physical, social, legal and emotional aspects of human sexuality and behaviour, including human reproduction. This includes conception and contraception, safer sex, sexually transmitted infections, and sexual health. Aspects of sex education are covered in the context of learning about lifecycles (in science). When learning about infection and their prevention (in Health Education) there may be reference to sexually transmitted infections. To safeguard pupils, factual information about the law relating to, for example, rights to access sexual health services, will be provided in line with the 'Keeping Children Safe in Education' document.

We define Relationships Education as learning about the physical, social, legal and emotional aspects of human relationships including friendships, intimate, sexual and committed relationships and family life. Relationships education supports children to be safe, happy healthy in their interactions with others now and in the future.

In our school we take the approach that Relationships and Sex Education are best approached in an integrated way. We will take care to highlight lessons that contain what we would define as sex education so that we can respect the wishes of parents who have withdrawn their children from this content. Simultaneously, we will seek to nurture student's curiosity about the world around them, supporting their development and their respect for themselves and others.

Adopted from the Sex Education Forums Definitions for Relationships and Sex Education.

At Dyson Perrins we categorise our teaching into the following categories:

Sex Education (Parents can withdraw from these lessons, except that which is taught in science)	Relationship Education
<p>Topics taught in science but may also be covered in PSHE (no right to withdraw) :</p> <ul style="list-style-type: none"> • Puberty • Fertilisation • Pregnancy/Birth • Infertility • Contraception • STI's and HIV (KS4) • Hormones • Menstruation <p>We consider the following lessons to be Sex Education and parents can withdraw from these lessons:</p> <ul style="list-style-type: none"> • Contraception and STI's (KS3) • 	<ul style="list-style-type: none"> • Friendship and Families • Bullying • Romance and keeping positive relationships • FGM • Consent and pornography • Stereotypes and prejudice • LGBTQ+ and homophobia • LGBTQAI+ Community • Online Grooming • Eating disorders and body image • Forced marriages and unhealthy relationships • Revenge porn, Harassment and Stalking • Sexting • Parenting • Same sex, Gender and trans relationships • Consent, rape and relationship breakdown • Relationship types and sexuality • British Citizenship • Radicalisation • Tolerance and radical groups • Extremism • Prevent and religious discrimination • Child sexual exploitation (CSE) and abusive relationships

Governors will be informed of the RSE policy and curriculum through Curriculum and Performance meetings and also through a linked governor. Pupil voice will be used to review and tailor our RSE programme to match the different needs of the pupils at regular intervals throughout the school year.

Monitoring, reporting and evaluations

Teachers will critically reflect on their work in delivering RSE through self and department evaluations. Pupils will have the opportunities to review and reflect on their learning during lessons through low stake quizzes, hot and cold task and self and peer assessments (other tasks may also be

used as this is not an exhaustive list) Pupil voice will be influential in adapting and amending planned learning activities to ensure that the sessions meet the needs of the learners.

RSE policy review date: Summer Term 2025